

Chesterfield Senior Center Press



JANUARY & FEBRUARY 2018 Volume 18 Issues 1 & 2

www.chesterfieldtwp.org

Click on Services menu and choose Senior Center

Chesterfield Senior Center is located at 47275 Sugarbush, Chesterfield, MI 48047. Phone: (586)-949-0400 then Press 7

Chesterfield Senior Center is open Monday through Friday from 8:00 AM until 4:30 PM. Carol Rose –Coordinator

**Chesterfield Senior Transportation Program (586) 749-7713

**SMART curb to curb service (866) 962-5515

**Macomb County Office of Senior Services (586) 469-5228

**Area Agency on Aging I-B Macomb County office 586-226-0309

DAILY PROGRAMS

Monday

Body Awareness

9 AM-9:30 AM Featuring Body Recall chair exercises.

Aerobics & Strength Training

10 AM

January 8th & 22th **MMR**
February 5th & 26th **MMR**

Chesterfield Senior Group

11:30 AM An informational meeting followed by bingo and cards.

January 8th & 22th

February 5th & 26th

Senior Book Club

02-12-18 at 1 PM

Book Club does not meet in January.

Tuesday

Chair Yoga **MMR**

8:45-9:45 AM \$4 per class, per student.
Walk Ins are WELCOME.

Aerobics & Strength Training

9:50 AM Chair & Weight exercises too

Craft Club

11 AM-Crafts & sharing patterns.

Quilting

11:30 AM

Mahjong

12:30 PM

Bridge & Poker & Casual Woodcarving

1 PM

Happy New Year to all. May you be blessed with good health and happiness. 2017 saw a lot of changes here at Chesterfield Senior Center. A remodel of the Senior Center with new flooring, tables and chairs.

2018 will bring us more updates including the replacement of our Heating and Cooling System. The system will be replaced in phases.

Please be aware of periodic **CLOSINGS** of the Senior Center building in February 2018 and March 2018 to complete the project.

More updates on the project will be announced as they become available.

Thank you for your patience as we continue to give you the best possible Senior Center environment.

DAILY PROGRAMS

Wednesday

Body Awareness

9-9:30 AM Featuring Body Recall chair exercises.

Fitness, Toning & Music

10 AM

Billiards

1 PM

Thursday

Chair Yoga **MMR**

8:45-9:45 AM \$4 per class, per student. Walk Ins are WELCOME.

Aerobics & Strength

10 AM Chair & Weight exercises too

Cards

12 Noon Variety Games

12:30 PM-Euchre

1:00 PM-Pinochle

Friday

Body Awareness

9-9:30 AM-Featuring Body Recall chair exercises.

Fitness, Toning & Music 10 AM

Mexican Train Dominoes 12:30 PM

Happy New Year!

Dream Scene!



Chesterfield Senior Center is bursting at the seams with seniors and is in need of additional square footage! The dream of building a Senior Recreation Addition that will include a gymnasium is in the infancy stage. Chesterfield Senior Center is now accepting donations to finance this ambitious goal. Anyone can make a tax deductible donation to support expanding the senior center. Donations can also be made in memory or honor of a loved one. Help us to fulfill the dream of a Senior Recreation Addition! Remember to support our fund raisers.

Office of Senior Services

Legal Assistance Program

The Office of Senior Services offers a FREE Legal Assistance Program through a grant driven partnership with Lakeshore Legal Aid for Macomb County residents. Attorneys will provide assistance to seniors (age 60+) with legal problems through full representation, advice, brief services & referrals. Attorneys answer questions, prepare documents, negotiate settlements or provide legal representation.

Seniors can receive assistance in the following areas: Conservatorship, Consumer Issues, Divorce, Durable Power of Attorney, Guardianship, Insurance, Landlord/Tenant, Law, Housing, Medicaid, Medicare, Nursing Homes, Pensions, Property, Public Benefits, Public Utilities, Social Security, Supplemental Security Insurance and Will Referrals.

There is no charge for the service. There may be some incidental costs for court filing. Donations to help share the costs of the services are accepted and used to enhance or expand the program in Macomb County.

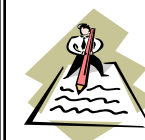
Call Reception 586-469-5185 or the Hotline 888-783-8190.

lakeshorelegalaid.org OR
michiganlegalhelp.org



The Chesterfield Senior Center Office will be open on Monday, Wednesday,

Thursday and Friday from 8 AM until 12 PM. After 12 PM and on Tuesdays please call 586-949-0400 then Press 7 to set up an appointment. Thank you.



All seniors that participate in programs or trips at Chesterfield Senior Center must complete a registration card available in the

senior center office. If you have moved or changed your phone number you must notify the senior center office.

Seniors are also required to check in on the attendance roster every time they enter the building.

Chesterfield Senior Center's goal is to become **SCENT FREE**. Due to the sensitivity of persons with allergies and asthma we ask you to refrain from wearing perfume, cologne or after shave in the Senior Center or on the Senior Center Bus Trips. Let's try to make the air in the building and on the motor coaches cleaner to breathe for everyone!



A SPECIAL Thank You

to **EVERYONE** who donated non-perishable food, toys, hats, mittens, gloves and socks for needy persons in our community. The Chesterfield Goodfellows distributed these items throughout Chesterfield Township. **YOU** brightened the life of someone with your generosity.



HOPE NOT HANDCUFFS

ALL Police Departments will help **ANYONE** seeking opiate addiction treatment **WITHOUT** arresting them. The person will immediately get into a Treatment Program. Trained Volunteers help with compassionate support and assistance with any paperwork. For more information visit www.familiesagainstnarcotics.org








The Charter Township of Chesterfield Senior Center has weekly programs available to all senior citizens age 55 years of age and older.

All programs meet in the Chesterfield Senior Center unless otherwise noted. No dues are charged. Fees are listed and paid per activity if applicable.

Where no fee is noted the program is **FREE!**

Chesterfield Senior Center Trips & Events

January & February 2018

- January 1st Chesterfield Senior Center **CLOSED** for the New Year. 
- January 2nd Chesterfield Senior Center **CLOSED** for the New Year. 
- January 3rd Chesterfield Senior Center **OPEN** for the New Year of **2018**. 2018 Newsletters & Flyers will be available today. **Happy New Year!**
- January 8th **Chesterfield Senior Group Meeting** at 11:30 AM.
- January 13th Do you have questions about **Legal Matters**? An Attorney from Lakeshore Legal Aid will be here to answer questions for Macomb County Residents age 60+. See page 1 for a listing of services. You **MUST** set up an appointment at the Senior Center Office.
- January 15th** Chesterfield Senior Center **CLOSED** to observe Martin Luther King Jr. Day. 
- January 22nd **Chesterfield Senior Group Meeting & Birthday Celebration** at 11:30 AM.
- February 5th **Chesterfield Senior Group Meeting** at 11:30 AM.
- February 7th **Annual Valentine Party**. Enjoy a delicious meal, door prizes and entertainment by **Cost \$15 per person**. 8 seats per table. **Tickets go on sale Monday January 8, 2018. Ticket Payment Deadline is 01-22-18.** 
- February 10th Do you have questions about **Legal Matters**? An Attorney from Lakeshore Legal Aid will be here to answer questions for Macomb County Residents age 60+. See page 1 for a listing of services. You **MUST** set up an appointment at the Senior Center Office.
- February 12th **Chesterfield Senior Center Book Club** will be discussing "Sweet Salt Air" by Barbara Delinsky. Come join the lively discussion at 1 PM. **NOTE:** Book Club does not meet in January. 
- February 13th **Mardi Gras at Caesars Windsor**. **FREE** Coffee, **FREE** Paczki and Special Mardi Gras Entertainment. **FREE** Lunch Buffet Voucher **OR** \$15 Meal Voucher **OR** \$15 in Coin. **Cost \$27** includes Drivers Tip. **Registration & Payment Deadline 01-22-18.**
- February 19th** Chesterfield Senior Center **CLOSED** to observe **President's Day**. 
- February 26th **Chesterfield Senior Group Meeting & Birthday Celebration** at 11:30 AM.
- March 5th **Chesterfield Senior Group Meeting** at 11:30 AM with a St. Patrick's Day Celebration and **LUNCH**. **Tickets go on sale Monday February 5, 2018. Ticket Payment Deadline is 02-19-18.** 
- March 12th **Rhythm in the Night, The IRISH DANCE SPECTACULAR** at **Soaring Eagle Casino**. Everyone receives \$20 in coin, \$5 Food Voucher & **FREE** ticket to Rhythm in the Night. **Cost \$43** includes Drivers Tip. **Registration & Payment Deadline 02-26-18.**
- March 23rd **Coffee Classics at the DSO** Enjoy the great sounds of Beethoven's Seventh Symphony at Orchestra Hall & lunch at a **MYSTERY** location! **Flyers available Monday January 8, 2018. Cost \$40 Payment Deadline 02-26-18.**

Overnight Trips

NOTE: All Overnight Trips include round trip deluxe motorcoach transportation, coffee & snacks departure day, drinks & snacks on the return trip home & are fully escorted. Prices based on double occupancy. **A \$20 deposit** (unless otherwise noted) will hold your registration until 30 days prior to departure. **All Credit Card purchases ADD 3% CONVENIENCE FEE to the trip total.**

- 02-18-2018 **Winter Casino Trip** (2days/1night), Blue Chip Casino, Michigan City, Indiana, \$17 food voucher, Four Winds Casino, New Buffalo, overnight lodging, \$25 slot credit, \$10 food credit, Firekeepers Casino, Battle Creek, \$20 Slot credit, \$5 food Credit **Cost \$179**
- 03-04-2018 **Clearwater Beach Florida** (15 days/14 nights) Brand New Hotel ALL Water View Rooms of Intracoastal & Gulf of Mexico, Private Balcony, Beach Front Heated Pool, Fitness Center, Restaurant, Mini Refrigerator, Coffee Maker, Hair Dryer, Iron & Ironing Board, 24 hour Treats Shop, 14 Breakfasts, 1 Brunch, 2 Lunches & 5 Dinners, Clearwater Jolley Trolley, Sunsets at Pier 60, Ed Fletcher's Early Bird Dinner Theater, Florida Aquarium, Wild Dolphin Cruise, John's Pass Village & Boardwalk Seminole Hard Rock Casino (optional), Tigers Spring Training, Marchant Stadium, Starlight Majesty Luncheon Cruise. **Cost \$3250.**
- 05-21-18 **Niagara Falls Getaway** (2days/1night), at the Sheraton on the Falls within walking distance to the Casino Niagara, shops & restaurants. Whirlpool Floral Clock, White Oaks Mall, Duty Free shopping, Falls Viewing Area, and optional Fallsview Casino. Proof of Citizenship. **Cost \$209.**
- 04-21-18 **Washington DC** (4 days/ 3 nights), 3 breakfasts, 1 lunch, 3 dinners, Chart House, Shrine of the Immaculate Conception, Guided tour of Washington DC, Museum of the Bible, Smithsonian Museums, District Chophouse & Brewery. **Cost \$899.**
- 05-28-18 **Myrtle Beach** (7 days/6nights) 6 Breakfasts, 1 Lunch, 3 Dinners, Guided Tour of Myrtle Beach Coastline, Hopsewee Plantation, Georgetown Harborwalk, Sea Thunder Narrated Dolphin Cruise, River Oak Cottage, Barefoot Landing, Alabama Theater, Pirates Voyage Dinner Show . **Cost \$1405.**

NOTE: Purchase all trips & events ASAP to avoid any disappointments. Seating for events is done by order of office sign up records.

Complete detailed information is available at Chesterfield Senior Center.