

# Chesterfield Senior Center Press

NOVEMBER & DECEMBER 2017 Volume 17 Issue 11 & 12

[www.chesterfieldtwp.org](http://www.chesterfieldtwp.org)

Click on Services menu and choose Senior Center



Chesterfield Senior Center is located at 47275 Sugarbush, Chesterfield, MI 48047. Phone: (586)-949-0400 then Press 7

Chesterfield Senior Center is open Monday through Friday from 8:00 AM until 4:30 PM. Carol Rose –Coordinator

\*\*Chesterfield Senior Transportation Program (586) 749-7713

\*\*SMART curb to curb service (866) 962-5515

\*\*Macomb County Office of Senior Services (586) 469-5228

\*\*Area Agency on Aging I-B Macomb County office 586-226-0309

## DAILY PROGRAMS

### Monday

#### Body Awareness

9 AM-9:30 AM Featuring Body Recall chair exercises.

#### Aerobics & Strength Training

10 AM On Nov. 6th & 20th **MMR**

On Dec. 4th & 18th **MMR**

#### Chesterfield Senior Group

11:30 AM An informational meeting followed by bingo and cards. November 6th & 20th December 4th & 18th

#### Senior Book Club

11-27-17 at 1 PM

Next Book Club is February 12, 2018.

### Tuesday

#### Chair Yoga

**MMR**

8:45-9:45 AM \$4 per class, per student. Walk Ins are WELCOME.

#### Aerobics & Strength Training

9:50 AM Chair & Weight exercises too

#### Craft Club

11 AM-Crafts & sharing patterns.

#### Quilting

11:30 AM

#### Mahjong

12:30 PM

#### Bridge & Poker & Casual Woodcarving

1 PM

## DAILY PROGRAMS

### Wednesday

#### Body Awareness

9-9:30 AM Featuring Body Recall chair exercises.

#### Fitness, Toning & Music

10 AM

#### Billiards

1 PM

### Thursday

#### Chair Yoga

**MMR**

8:45-9:45 AM \$4 per class, per student. Walk Ins are WELCOME.

#### Aerobics & Strength

10 AM Chair & Weight exercises too

#### Cards

12 Noon Variety Games

12:30 PM-Euchre

1:00 PM-Pinochle

### Friday

#### Body Awareness

9-9:30 AM-Featuring Body Recall chair exercises.

#### Fitness, Toning & Music

10 AM

#### Mexican Train Dominoes

12-01-17 12:30-2:30 PM



## Dream Scene!



Chesterfield Senior Center is bursting at the seams with seniors and is in need of additional square footage! The dream of building a Senior Recreation Addition that will include a gymnasium is in the infancy stage. Chesterfield Senior Center is now accepting donations to finance this ambitious goal. Anyone can make a tax deductible donation to support expanding the senior center. Donations can also be made in memory or honor of a loved one. Help us to fulfill the dream of a Senior Recreation Addition! Remember to support our fund raisers.



The Chesterfield Senior Center Office will be open on Monday, Wednesday,

Thursday and Friday from 8 AM until 12 PM. After 12 PM and on Tuesdays please call 586-949-0400 then Press 7 to set up an appointment. Thank you.



All seniors that participate in programs or trips at Chesterfield Senior Center must complete a registration card available in the

senior center office. If you have moved or changed your phone number you must notify the senior center office.

**Seniors are also required to check in on the attendance roster every time they enter the building.**

## Office of Senior Services

### Legal Assistance Program

The Office of Senior Services offers a FREE Legal Assistance Program through a grant driven partnership with Lakeshore Legal Aid for Macomb County residents. Attorneys will provide assistance to seniors (age 60+) with legal problems through full representation, advice, brief services & referrals. Attorneys answer questions, prepare documents, negotiate settlements or provide legal representation.

Seniors can receive assistance in the following areas: Conservatorship, Consumer Issues, Divorce, Durable Power of Attorney, Guardianship, Insurance, Landlord/Tenant, Law, Housing, Medicaid, Medicare, Nursing Homes, Pensions, Property, Public Benefits, Public Utilities, Social Security, Supplemental Security Insurance and Will Referrals.

There is no charge for the service. There may be some incidental costs for court filing. Donations to help share the costs of the services are accepted and used to enhance or expand the program in Macomb County.

Call Reception 586-469-5185 or Grace Crivello 586-469-6522 or hotline 888-783-8190. [lakeshorelegalaid.org](http://lakeshorelegalaid.org) OR [michiganlegalhelp.org](http://michiganlegalhelp.org)

Chesterfield Senior Center's goal is to become **SCENT FREE**. Due to the sensitivity of persons with allergies and asthma



we ask you to refrain from wearing perfume, cologne or after shave in the Senior Center or on the Senior Center Bus Trips. Let's try to make the air in the building and on the motor coaches cleaner to breathe for everyone!

**A SPECIAL Thank You** American House Lakeside, Big Boy, Bigby Coffee, Buffalo Wild Wings, Emerson's, First State Bank, Little Camille's, Presitge Commons, Qdoba, MacRay Harbor, Nino Salvaggio, Sugarbush Tavern, Texas Roadhouse Chesterfield, Twisted Rooster, Windemere Park, Village of East Harbor & Zuccaro's for supporting our 2017 Annual Fall Tastefest.

## HOPE NOT HANDCUFFS

**ALL** Police Departments will help **ANYONE** seeking opiate addiction treatment **WITHOUT** arresting them. The person will immediately get into a Treatment Program. Trained Volunteers help with compassionate support and assistance with any paperwork. For more information visit [www.familiesagainstnarcotics.org](http://www.familiesagainstnarcotics.org)



Chesterfield Senior Center is collecting non-perishable food, toys, hats, mittens, gloves and socks for needy persons in our community. The items will be distributed by the Chesterfield Goodfellows.

Please bring in your donations to the Senior Center on or before **Friday December 08, 2017.**

Thank you for helping to give everyone a Merry Christmas.



The Charter Township of Chesterfield Senior Center has weekly programs available to all senior citizens age 55 years of age and older.

All programs meet in the Chesterfield Senior Center unless otherwise noted. No dues are charged. Fees are listed and paid per activity if applicable.

Where no fee is noted the program is **FREE!**

# Chesterfield Senior Center Trips & Events

# November & December 2017

- November 6th **Chesterfield Senior Group Meeting** at 11:30 AM.
- November 6th **Soaring Eagle & Wayne Newton.** \$10 coin, \$5 food voucher. Cost \$43 includes Driver's Tip. **SOLD OUT.**
- November 8th Do you have questions about **Legal Matters?** An Attorney from Lakeshore Legal Aid will be here to answer questions for Macomb County Residents age 60+. See page 1 for a listing of services. You **MUST** set up an appointment at the Senior Center Office.
- November 10th Chesterfield Senior Center **CLOSED** for **Veteran's Day.**
- November 20th **Chesterfield Senior Group Meeting & Birthday Celebration** at 11:30 AM.
- November 23rd Chesterfield Senior Center **CLOSED** for Thanksgiving.
- November 24th Chesterfield Senior Center **CLOSED** for Thanksgiving.
- November 14th **Chesterfield Senior Center Book Club** will be discussing "The Language of Flowers" by Vanessa Diffenbaugh at 1 PM.  
**NOTE:** Book Club does not meet in December & January. "Sweet Salt Air" by Barbara Delinsky is the 02-12-18 selection.
- December 4th **Chesterfield Senior Group Meeting** at 11:30 AM.
- December 13th **Annual Christmas Party.** Celebrate the holidays by enjoying a delicious meal, door prizes and entertainment by the Voo Doo Doctors. **Cost \$20 per person.** 10 seats per table. **Ticket Deadline is 12-04-17.**
- December 18th **Chesterfield Senior Group Meeting & Birthday Celebration** at 11:30 AM.
- December 22nd Chesterfield Senior Center **OPEN 8 AM until 12 NOON.**
- December 25th, December 26 & December 27th Chesterfield Senior Center **CLOSED** for Christmas.
- December 29th Chesterfield Senior Center **OPEN 8 AM until 12 NOON.**
- January 1st Chesterfield Senior Center **CLOSED** for the New Year.
- January 2nd Chesterfield Senior Center **CLOSED** for the New Year.
- January 3rd Chesterfield Senior Center **OPEN** for the New Year of **2018.** 2018 Newsletters & Flyers will be available today. **Happy New Year!**
- January 8th **Chesterfield Senior Group Meeting** at 11:30 AM.
- January 15th Chesterfield Senior Center **CLOSED** to observe Martin Luther King Jr. Day.
- January 22nd **Chesterfield Senior Group Meeting & Birthday Celebration** at 11:30 AM.
- February 7th **SAVE the DATE.** More info to follow.
- February 13th **SAVE the DATE.** More info to follow.



## Overnight Trips

**NOTE:** All Overnight Trips include round trip deluxe motorcoach transportation, coffee & snacks departure day, drinks & snacks on the return trip home & are fully escorted. Prices based on double occupancy. **A \$20 deposit** (unless otherwise noted) will hold your registration until 30 days prior to departure.  
**All Credit Card purchases ADD 3% CONVENIENCE FEE to the trip total.**

- 11-13-2017 **Lancaster Country Christmas** (4 days/ 3 nights), 3 breakfasts, 3 dinners, National Christmas Center, Kitchen Kettle Village, "Miracle of Christmas", "Home for the Holidays" performances, Hershey Chocolate Making Tour Ride, Hershey Sweet Lights, a Holiday Drive Through Spectacular and MORE! **Cost \$735.**
- 12-06-2017 **Ohio Country Christmas** (2days/1night) 1 breakfast, 1 Lunch Buffet, 1 Dinner, Big Tree Christmas Plantation with hot chocolate, popcorn, wagon ride to the Christmas Tree fields, tree seedling to take home, Historic Golden Lamb restaurant with historical stories and Christmas Carolers, Christmas Ranch, a magical place with lights, shops and elves, Kings Mill General Store, LaComedia Dinner Theatre & Santa Claus sightings! **Cost \$259.**
- 12-08-2017 **Washington DC a Capitol Holiday!** (4 days/ 3 nights), 3 dinners, Gatsby Inn, Union Street Public House, Mount Vernon, Smithsonian, National Shrine of the Immaculate Conception, Tony & Joes Seafood Place, Arlington National Cemetary.White House Tour based on security levels. **Cost \$745.**
- 02-18-2018 **Winter Casino Trip** (2days/1night), Blue Chip Casino, Michigan City, Indiana, \$17 food voucher, Four Winds Casino, New Buffalo, overnight lodging, \$25 slot credit, \$10 food credit, Firekeepers Casino, Battle Creek, \$20 Slot credit, \$5 food Credit **Cost \$179**
- 03-04-2018 **Clearwater Beach Florida** (15 days/14 nights) Brand New Hotel ALL Water View Rooms of Intracoastal & Gulf of Mexico, Private Balcony, Beach Front Heated Pool, Fitness Center, Restaurant, Mini Refrigerator, Coffee Maker, Hair Dryer, Iron & Ironing Board, 24 hour Treats Shop, 14 Breakfasts, 1 Brunch, 2 Lunches & 5 Dinners, Clearwater Jolley Trolley, Sunsets at Pier 60, Ed Fletcher's Early Bird Dinner Theater, Florida Aquarium, Wild Dolphin Cruise, John's Pass Village & Boardwalk Seminole Hard Rock Casino (optional), Tigers Spring Training, Marchant Stadium, Starlight Majesty Luncheon Cruise. **Cost \$3250.**
- 05-21-18 **Niagara Falls Getaway** (2days/1night), at the Sheraton on the Falls within walking distance to the Casino Niagara, shops & restaurants. Whirlpool Floral Clock, White Oaks Mall, Duty Free shopping, Falls Viewing Area, and optional Fallsview Casino. Proof of Citizenship. Cost \$209.

**NOTE:** Purchase all trips & events ASAP to avoid any disappointments. Seating for events is done by order of office sign up records.

**\*Complete detailed information is available at Chesterfield Senior Center.\***