

Chesterfield Senior Center Press

March 2017

Volume 17 Issue 03

www.chesterfieldtwp.org

Click on Services menu and choose Senior Center



Chesterfield Senior Center is located at 47275 Sugarbush, Chesterfield, MI 48047. Phone: (586)-949-0400 then Press 7

Chesterfield Senior Center is open Monday through Friday from 8:00 AM until 4:30 PM. Carol Rose –Coordinator

**Chesterfield Senior Transportation Program (586) 749-7713

**SMART curb to curb service (866) 962-5515

**Macomb County Office of Senior Services (586) 469-5228

**Area Agency on Aging I-B Macomb County office 586-226-0309

DAILY PROGRAMS



Monday

Body Awareness

9 AM-Featuring Body Recall chair exercises followed by a senior walking program & refreshments.

Aerobics & Strength Training

10 AM on the 6th, 20th & 27th **MMR**

Chesterfield Senior Group

Welcome Friends Month at 11:30 AM
An informational meeting followed by bingo and cards. Please join us on

March 6th & 20th

Senior Book Club

Monday 03-13-17 1 PM

Tuesday

Chair Yoga

MMR

8:45-9:45 AM \$4 per class

Walk Ins are WELCOME.

Aerobics & Strength Training

9:50 AM Chair & Weight exercises too

Craft Club

11 AM-Crafts & sharing patterns.

Quilting

11:30 AM

Mahjong

12:30 PM

Bridge & Poker

1 PM

Wood Carving Casual style.

1 PM

Wednesday

Body Awareness

9-10:25 AM Featuring Body Recall chair exercises followed by a senior walking program.

Fitness, Toning & Music

10:30 AM

Building CLOSED 03-22-17.

DAILY PROGRAMS



Thursday

Aerobics & Strength

10 AM Chair & Weight exercises too

Practice Line Dance

11 AM-12 Noon

Cards

12 Noon Variety Games

12:30 PM-Euchre

1:00 PM-Pinochle

Building CLOSED 03-23-17.

Friday

Body Awareness

9 AM-Featuring Body Recall chair exercises.

Fitness, Toning & Music

10:30 AM

Mexican Train Dominoes 12:30 PM

Chesterfield Senior Group News

Chesterfield Senior Group meets twice each month at Chesterfield Senior Center. Stop by and check out what is happening with this unique program. Enjoy jokes, poetry, bingo, cards, birthday celebrations, fellowship & fun.

Welcome Friends Month

On Monday March 06, 2017 we will be celebrating St. Patrick's Day. Our meeting begins at 11:30 AM. Be a wear'n of the GREEN.

On Monday March 20, 2017 join us as we celebrate March Members Birthdays & Birthday Dessert Buffet. Our meeting begins at 11:30 AM.



Dream Scene!



Chesterfield Senior Center is bursting at the seams with seniors and is in need of additional square footage! The dream of building a Senior Recreation Addition that will include a gymnasium is in the infancy stage. Chesterfield Senior Center is now accepting donations to finance this ambitious goal. Anyone can make a tax deductible donation to support expanding the senior center. Donations can also be made in memory or in honor of a loved one. Help us to fulfill the dream of a Senior Recreation Addition!

Office of Senior Services Legal Assistance Program

The Office of Senior Services offers a FREE Legal Assistance Program through a grant driven partnership with Lakeshore Legal Aid for Macomb County residents. Attorneys will provide assistance to seniors (age 60+) with legal problems through full representation, advice, brief services & referrals. Attorneys answer questions, prepare documents, negotiate settlements or provide legal representation.

Seniors can receive assistance in the following areas: Conservatorship, Consumer Issues, Divorce, Durable Power of Attorney, Guardianship, Insurance, Landlord/Tenant, Law, Housing, Medicaid, Medicare, Nursing Homes, Pensions, Property, Public Benefits, Public Utilities, Social Security, Supplemental Security Insurance and Will Referrals.

There is no charge for the service. There may be some incidental costs for court filing. Donations to help share the costs of the services are accepted and used to enhance or expand the program in Macomb County. Call Reception 586-469-5185 or Grace Crivello 586-469-6522 or hotline 888-783-8190. Online go to lakeshorelegalaid.org OR michiganlegalhelp.org

ASK THE OFFICER



Walk in appointments with a Chesterfield Police officer are available each month to review your law enforcement questions. Join us on 04-03-17 from 11 AM-12 Noon.

HENRY FORD HEALTH SYSTEM

will offer FREE Blood Pressure checks on 03-06-17 at 12:00 PM. Protect your health with regular mini check ups!!



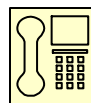
THE VILLAGE OF EAST HARBOR

will offer FREE Blood Pressure checks on 03-20-17 11:45 AM-12:30 PM. Protect your health with regular mini check ups!!



SENIOR BOOK CLUB

Chesterfield Senior Center Book Club will be discussing "Some Luck" by Jane Smiley on Monday March 13, 2017 at 1 PM. Come join the lively discussion!



The Chesterfield Senior Center Office will be open on Monday, Wednesday, Thursday and Friday from 8 AM until 12 PM. After 12 PM and on Tuesdays please call 586-949-0400 then Press 7 to set up an appointment. Thank you for your cooperation.

WOOD CARVING

Members of the Metro Carvers of Michigan have formed a Wood Carving Group at Chesterfield Senior Center. They meet on Tuesdays at 1 PM. The style is casual and the cost is minimal.



The Charter Township of Chesterfield Senior Center has weekly programs available to all senior citizens age 55 years of age and older.

All programs meet in the Chesterfield Senior Center unless otherwise noted. No dues are charged. Fees are listed and paid per activity if applicable.

Where no fee is noted the program is **FREE!**



I ♥
Book Club



- March 6th March 6th **Chesterfield Senior Group Meeting** Note the meeting time change to **11:30 AM**.
Come Join us for our **WELCOME FRIENDS MONTH**. See pages 1 for more information!
- March 8th Do you have questions about **Legal Matters**? An Attorney from Lakeshore Legal Aid will be here to answer questions for Macomb County Residents age 60+. See page 1 for a listing of services. You **MUST** set up an appointment at the Senior Center Office.
- March 13th **Chesterfield Senior Center Book Club** will be discussing "Some Luck" by Jane Smiley at 1 PM.
- March 17th **The Irish Rovers at Caesars Windsor** Enjoy round trip deluxe motorcoach transportation, 5 hours of gaming and a performance by The Irish Rovers. **Cost \$25** includes the driver's tip. **Deadline is 03-03-17. Note:** You must have a current Passport, Passport Card, Enhanced Driver's License or Certification of Naturalization for this trip.
- March 20th **Chesterfield Senior Group Meeting & Birthday Dessert Buffet**. Note the meeting time change to **11:30 AM**.
Come Join us for our **WELCOME FRIENDS MONTH**. See pages 1 for more information!
- March 22nd Chesterfield Senior Center **CLOSED** to install LED Lighting in the Senior Center.
- March 23rd Chesterfield Senior Center **CLOSED** to install LED Lighting in the Senior Center.
- March 27th **Visit with the Village People!** For over 38 years Senior Living has been a part of Chesterfield Township at The Village of East Harbor. Join us at this creative, interactive arm chair tour of the Exciting New Expansion and life at "the Village".
\$1 Reservation Fee is required. \$1 RETURNED at the event! Pick up your ticket before 03-20-17.
- April 3rd **Chesterfield Senior Group Meeting**.
- April 12th Do you have questions about **Legal Matters**? An Attorney from Lakeshore Legal Aid will be here to answer questions for Macomb County Residents age 60+. See page 1 for a listing of services. You **MUST** set up an appointment at the Senior Center Office.
- April 10th **Chesterfield Senior Center Book Club** will be discussing "State of Wonder" by Ann Patchett at 1 PM.
- April 14th Chesterfield Senior Center **CLOSED** to observe Good Friday.
- April 17th **Chesterfield Senior Group Meeting & Birthday Dessert Buffet**.
- April 28th **Detroit Symphony Orchestra Coffee Classics** Enjoy coffee & donuts, main floor seating, DSO performance of Broadway Hits, lunch at Andiamo Detroit Riverfront, time to explore the GM Ren Cen & Detroit Riverwalk, deluxe motorcoach transportation, and the driver's tip. **Cost \$65. Deadline to register & pay is 03-20-17.**
- May 10th **SAVE the DATE**. More info to follow.
- May 17th **SAVE the DATE**. More info to follow.



Overnight Trips

- NOTE:** All Overnight Trips include round trip deluxe motorcoach transportation, coffee & snacks departure day, drinks & snacks on the return trip home & are fully escorted. Prices based on double occupancy. **A \$20 deposit** (unless otherwise noted) will hold your registration until 30 days prior to departure.
Effective March 2017 All Credit Card purchases ADD 3% CONVENIENCE FEE to the trip total.
- 05-01-2017 **Myrtle Beach** (7 days/6 nights) 6 Breakfasts, 1 lunch, 3 dinners. Carolina Opry Show, Sea Thunder Dolphin Cruise, Broadway at the Beach, Legends in Concert, Carolina Jeep Safari Tour, Murrells Inlet Marsh Walk, Barefoot Landing & Barefoot Princess Dinner Cruise **Cost \$1265**.
- 05-28-2017 **New England Celebrating JFK's 100 Birthday** (7 days/6 nights), 5 Breakfasts, 6 Dinners, Hyannis Tour with Main Street, JFK Museum, Harbor Cruise, Cape Cod, Maritime Museum, National Seashore, Provincetown, Land's End, Dune Tour, Martha's Vineyard, Edgartown & Finger Lakes New York. **Cost \$1339**.
- 06-21-2017 **Holland/Saugatuck- A Western Michigan Paradise** (2 days/ 1 night), 1 Breakfast, 1 Lunch, 1 Dinner, Coral Gables, Saugatuck tour, Dune Ride, Holland Princess Dinner Cruise, Holland tour, Windmill Island Gardens & Holland State Park. **Cost \$335**.
- 07-10-2017 **Quilt Gardens Tour** (2 days/ 1 night), 1 Breakfast, 1 Lunch, 1 Dinner. Elkhart County Visitor Center Quilt Display, Quilt Garden Tour **Cost \$285**.
- 07-17-2017 **Kansas City** (6 days/ 5 nights), 5 breakfasts, 4 dinners, Gateway Arch, Anheuser Busch Brewery, Gateway Arch Riverboat Cruise, St. Louis' Union Station, Landary's Seafood House, National WWI Museum & Memorial, Kauffman Stadium, Kansas City tour, Fort Leavenworth & Frontier Army Museum. **Cost \$1029**.
- 09-03-2017 **Mackinac Bridge Walk** (2 days/ 1 night)), 1 Dinner, 1 Breakfast, Soo Locks, OPTIONAL Bridge Walk, Explore & Shop Mackinaw City. **Cost \$ 239**.
- 09-28-2017 **Ark Encounter Kentucky** (2 days/ 1 night), 1 Breakfast, 1 Dinner. Creation Museum is a 70,000 square foot exhibit that bring the Bible to life, Greyhound Tavern a Kentucky Landmark, Ark Encounter a full size Noah's Ark & fabulous biblical display. **Cost \$289**
- 10-09-2017 **Traverse City Wine & Dine** (2 days/ 1 night), More info to follow.
- 12-06-2017 **Country Christmas** (3 days/ 2 nights). More info to follow.

*** Complete detailed information is available at Chesterfield Senior Center. ***