

Chesterfield Senior Center Press

November 2016

Volume 16 Issue 11

www.chesterfieldtwp.org

Click on Services menu and choose Senior Center



Chesterfield Senior Center is located at 47275 Sugarbush, Chesterfield, MI 48047. Phone: (586)-949-0400 then Press 7

Chesterfield Senior Center is open Monday through Friday from 8:00 AM until 4:30 PM. Carol Rose –Coordinator

**Chesterfield Senior Transportation Program (586) 749-7713

**SMART curb to curb service (866) 962-5515

**Macomb County Office of Senior Services (586) 469-5228 **Area Agency on Aging I-B Macomb County office 586-226-0309

DAILY PROGRAMS

Monday

Body Awareness

9 AM-Featuring Body Recall chair exercises followed by a senior walking program & refreshments.

Aerobics & Strength Training

10 AM on the 7th & 21st **MMR**

Chesterfield Senior Group

12:30 PM- An informational meeting followed by bingo and cards.

November 7th & 21st

Senior Book Club

Monday 11-14-16 at 1 PM

Tuesday

Chair Yoga

MMR

8:45-9:45 AM \$4 per class
Walk Ins are WELCOME.

No Class 11-08-16 Election Day.

Aerobics & Strength Training

9:50 AM Chair & Weight exercises too

Craft Club

11 AM-Crafts & sharing patterns.

Quilting

11:30 AM

Mahjong

12:30 PM

Bridge & Poker & Cribbage

1 PM

Wood Carving Casual style.

1 PM

Wednesday

Body Awareness

9-10:25 AM Featuring Body Recall chair exercises followed by a senior walking program.

Fitness, Toning & Music

10:30 AM



DAILY PROGRAMS

Thursday

Aerobics & Strength Training

10 AM Chair & Weight exercises too
Practice Line Dance

11 AM-12 Noon

Cards

12 Noon Variety Games

12:30 PM-Euchre

1:00 PM-Pinochle & Cribbage

Friday

Body Awareness

9 AM-Featuring Body Recall chair exercises followed by walking.

Fitness, Toning & Music

10:30 AM

Mexican Train Dominoes 12:30 PM

Chesterfield Senior Center is collecting non-perishable food, toys, hats, mittens, gloves & socks for needy persons in our community. The items will be distributed by the Chesterfield Goodfellows. Please bring items before **December 09, 2016**.

Thank you for helping to give everyone a Merry Christmas.

Do you have questions about Legal Matters?

On Wednesday November 09, 2016 an Attorney from Lakeshore Legal Aid will be here to answer questions for Macomb County residents age 60+. The services are listed in the next column. You **MUST** set up an appointment time at the Senior Center Office.

Thank you!

To reach Macomb County Legal Aid & Defender call **877-964-4700**.



Dream Scene!

Chesterfield Senior Center is bursting at the seams with seniors and is in need of additional square footage! The dream of building a Senior Recreation Addition that will include a gymnasium is in the infancy stage. Chesterfield Senior Center is now accepting donations to finance this ambitious goal. Anyone can make a tax deductible donation to support expanding the senior center. Donations can also be made in memory or in honor of a loved one. Help us to fulfill the dream of a Senior Recreation Addition!



Office of Senior Services Legal Assistance Program

The Office of Senior Services offers a FREE Legal Assistance Program through a grant driven partnership with Lakeshore Legal Aid for Macomb County residents. Attorneys will provide assistance to seniors (age 60+) with legal problems through full representation, advice, brief services & referrals. Attorneys answer questions, prepare documents, negotiate settlements or provide legal representation.

Seniors can receive assistance in the following areas: Conservatorship, Consumer Issues, Divorce, Durable Power of Attorney, Guardianship, Insurance, Landlord/Tenant, Law, Housing, Medicaid, Medicare, Nursing Homes, Pensions, Property, Public Benefits, Public Utilities, Social Security, Supplemental Security Insurance and Will Referrals.

There is no charge for the service. There may be some incidental costs for court filing. Donations to help share the costs of the services are accepted and used to enhance or expand the program in Macomb County. Call Reception 586-469-5185 or Grace Crivello 586-469-6522 or hotline 888-783-8190. Online go to lakeshorelegallaid.org OR michiganlegalhelp.org

ASK THE OFFICER

Walk in appointments with a Chesterfield Police officer are available each month to review your law enforcement questions. Join us on 11-07-16 from 11 AM-12 Noon.

HENRY FORD HEALTH SYSTEM

will offer **FREE** Blood Pressure checks on 11-07-16 from 11:30 AM-12:30 PM. Protect your health with regular mini check ups!!



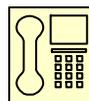
THE VILLAGE OF EAST HARBOR

will offer **FREE** Blood Pressure checks on 11-21-16 11:45 AM-12:30 PM. Protect your health with regular mini check ups!!



SENIOR BOOK CLUB

Chesterfield Senior Center Book Club will be discussing "Lone Wolf" by Jodi Picoult on Monday November 14, 2016 at 1 PM. Come join the lively discussion!



The **Chesterfield Senior Center Office** will be open on Monday, Wednesday, Thursday and Friday from 8 AM until 12 PM. After 12 PM and on Tuesdays please call 586-949-0400 then Press 7 to set up an appointment. Thank you for your cooperation.

WOOD CARVING

Members of the Metro Carvers of Michigan have formed a Wood Carving Group at Chesterfield Senior Center. They meet on Tuesdays at 1 PM. The style is casual and the cost is minimal.



The Charter Township of Chesterfield Senior Center has weekly programs available to all senior citizens age 55 years of age and older.

All programs meet in the Chesterfield Senior Center unless otherwise noted. No dues are charged. Fees are listed and paid per activity if applicable.

Where no fee is noted the program is **FREE!**

Chesterfield Senior Center Trips & Events

November 2016

- November 7rd **Chesterfield Senior Group Meeting** at 12:30 PM.
- November 8th Chesterfield Senior Center **CLOSED** for **Election Day. VOTE.** You can make a difference. 
- November 9th Do you have questions about **Legal Matters?** An Attorney from Lakeshore Legal Aid will be here to answer questions for Macomb County Residents age 60+. See page 1 for a listing of services. You **MUST** set up an appointment at the Senior Center Office. 
- November 11th Chesterfield Senior Center **CLOSED** for **Veteran's Day.** 
- November 14th **Chesterfield Senior Center Book Club** will be discussing "Lone Wolf" by Jodi Picoult at 1 PM. 
- November 18th **Palazzo di Bocce** Play Bocce, luncheon & driver's tip. **No transportation expenses thanks to SMART. Cost \$27. SOLD OUT.**
- November 21st **Chesterfield Senior Group Meeting & Birthday Celebration** at 12:30 PM. 
- November 24th Chesterfield Senior Center **CLOSED** for Thanksgiving.
- November 25th Chesterfield Senior Center **CLOSED** for Thanksgiving. 
- December 2nd **Huckleberry Railroad Holiday Magic at Crossroads Village.** An evening filled with memories from a time gone by. This historic thriving community of home & shops is decorated with thousands of lights for the season. Costumed Villagers, Enjoy a Holiday Buffet Dinner Holiday Show, train ride with 400,000 twinkling lights! **Cost \$64** includes the drivers tip. **Deadline to register and pay is 11-18-16.**
- December 5th **Oak Ridge Boys Christmas Show** at Soaring Eagle Casino. \$10 coin, \$5 food voucher, matinee show & drivers tip. **Cost \$43. SOLD OUT.**
- December 7th Chesterfield Senior Center **CLOSED** in Remembrance of the 75th Anniversary of the Attack on Pearl Harbor. A Remembrance Ceremony for **Veterans age 55+** will be held. Admission by tickets distributed in advance. Call 586-949-0400 then Press 7 for more information. Respect, Remember and Never Forget. 
- December 14th **Annual Christmas Party.** Celebrate the holidays by enjoying a delicious meal, door prizes and entertainment by the Voo Doo Doctors. **Cost \$20 per person.** 10 seats per table. **Ticket Deadline is 12-05-16.**
- December 19th **Chesterfield Senior Group Meeting & Birthday Celebration** at 12:30 PM.
- December 23rd Chesterfield Senior Center **CLOSED** for Christmas.
- December 26th Chesterfield Senior Center **CLOSED** for Christmas.
- December 27th Chesterfield Senior Center **CLOSED** for Christmas.
- December 30th Chesterfield Senior Center **CLOSED** for the New Year.
- February 13th **Chesterfield Senior Center Book Club** will be discussing "All the Light We Cannot See" by Anthony Doerr at 1 PM. **NOTE:** Book Club does not meet in December and January.

Overnight Trips

- NOTE:** All Overnight Trips include round trip deluxe motorcoach transportation, coffee & snacks departure day, drinks & snacks on the return trip home & are fully escorted. Prices based on double occupancy. **A \$20 deposit** (unless otherwise noted) will hold your registration until 30 days prior to departure.
- 12-31-16 **New Year's Eve Amish Acres** (2 days/1 night), 1 Continental Breakfast, 1 Amish style Thresher's Dinner, Round Barn Theatre play with caberet style show to bring in the New Year and Midnight Fireworks too! **Cost \$ 249.**
- 02-04-2017 **Western Caribbean Cruise** 8 days/7 nights Royal Caribbean Rhapsody of the Seas, Depart & return Tampa FL. Cruise Roatan, Honduras, Belize City, Belize; Puerto Costa Maya, Mexico and Cozumel, Mexico. **\$733** airfare not included. Contact Jill at 586-840-7447 ext. 104.
- 02-20-17 **Riviera Maya Now Sapphire Resort Cancun, Mexico.** Round trip non-stop airfare, 7days/6 nights **ALL INCLUSIVE** resort. All taxes & gratuities **Cost \$2455 double. \$200 deposit per person due before 10-20-16.**
- 05-01-2017 **Myrtle Beach** (7 days/6 nights)6 Breakfasts, 1 lunch, 3 dinners. Carolina Opry Show, Sea Thunder Dolphin Cruise, Broadway at the Beach, Legends in Concert, Carolina Jeep Safari Tour, Murrells Inlet Marsh Walk, Barefoot Landing & Barefoot Princess Dinner Cruise **Cost \$1265.**
- 05-28-2017 **New England Celebrating JFK's 100 Birthday** (7 days/6nights), 5 Breakfasts, 6 Dinners, Hyannis Tour with Main Street, JFK Museum, Harbor Cruise, Cape Cod, Maritime Museum, National Seashore, Provincetown, Land's End, Dune Tour, Martha's Vineyard, Edgartown & Finger Lakes New York. **Cost \$1339.**
- 06-21-2017 **Holland/Saugatuck- A Western Michigan Paradise** (2 days/ 1 night), 1 Breakfast, 1 Lunch, 1 Dinner, Coral Gables, Saugatuck tour, Dune Ride, Holland Princess Dinner Cruise, Holland tour, Windmill Island Gardens & Holland State Park. **Cost \$335.**

***** Complete detailed information is available at Chesterfield Senior Center. *****

Macomb County Community Services Agency & Office of Senior Services is offering **MEDICARE PART D OPEN ENROLLMENT ASSISTANCE.**

ASSITANCE SERVICE is for persons **CURRENTLY** enrolled in Medicare part D. Meet with a counselor to help selecting a plan to meet your 2017 needs.

Appointments are available Monday through Friday , NOW until December 7, 2016 from 9:00 AM - 3:00 PM. Bring all medications to the appointment.

Make your appointment by calling (586)-469-5228. *Please be patient at this busy time of year for phones to be answered. *****